

Motivation and Resilience:

Differences by Generation Status

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Introduction

- Intrinsic motivation has been linked with higher resiliency, engagement, and academic achievement.
- First-generation college students (FGCS) are more likely to be intrinsically motivated and more resilience than Multi-generation college students (MGCS).

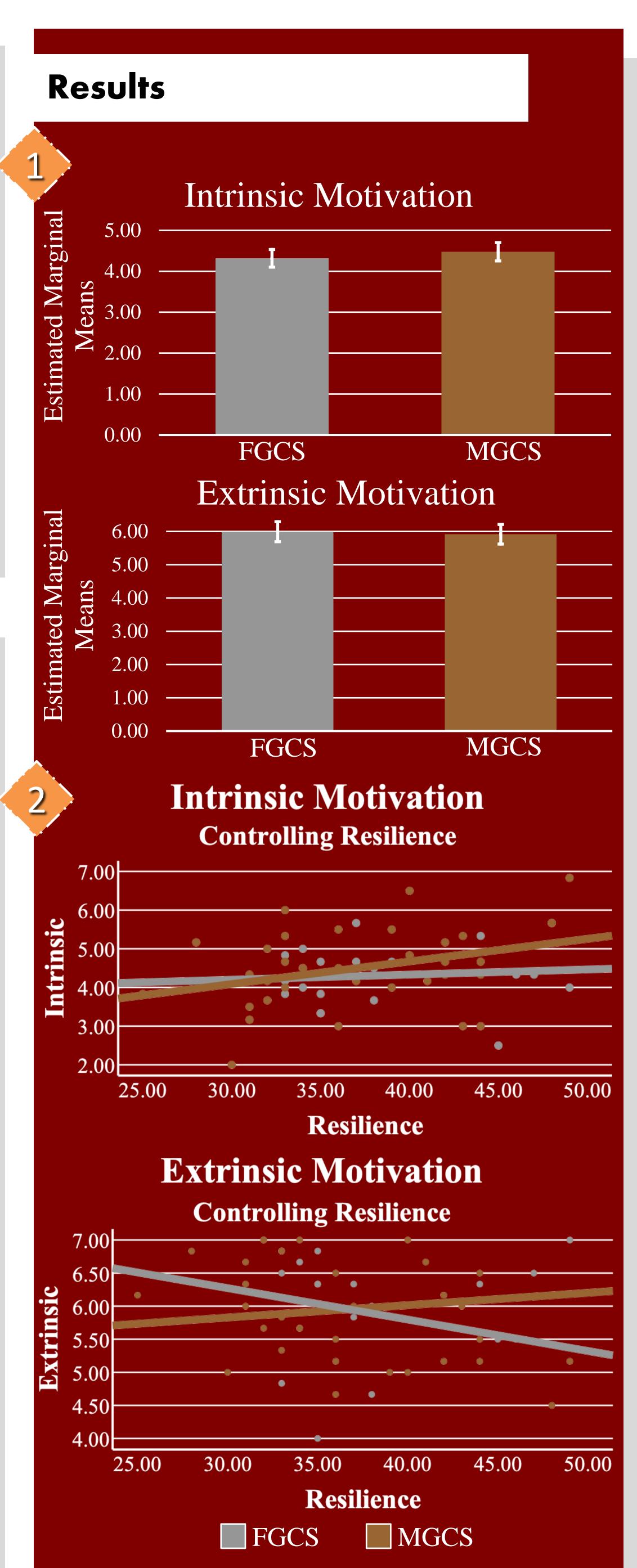
PURPOSE:

- Explore whether motivation and resilience vary by generational status
- 1 RQ1: How do intrinsic and extrinsic motivation of FGCS differ from the motivation of MGCS?
- 2) RQ2: Do these variations vary by resilience?

Sample Information N = 56 college students ($M_{age} = 19.29$) Race/Ethnicity ■ Caucasian/White ■ Hispanic/Latino/Spanish Origin 38% ■ Mixed Race/Ethnicity 22% African American/Black Asian ■ American Asian/Alaskan Native Gender 65% ■ Female ■ Male ■ Nonbinary ■ Did not report **Generational Status** 64% 36% ■ FGCS ■ MGCS

Methodology

- Survey through SONA System
- Incentive = class credit
- Convenient random sample
- Participants were excluded if...
 - o under 18 years old
 - o did **not** attend SPU
 - did not provide
 parent/guardian education
- Short Academic Motivation Scale
- Connor-Davidson Resilience Scale
- Demographics (parent/guardian education level)
- 1) RQ1: ANOVA
- 2) RQ2: ANCOVA (controlling for resilience)



Conclusion

- There was **no** significant correlations or variations within the sample.
- Extrinsic motivation was higher on average than intrinsic motivation.
- Resilience was **average**.
- The importance of intrinsic motivation may vary based on sample demographics.
- Motivation varies based on individual characteristics.
- No variations in resiliency could be due to low sample size.

The effects of motivation, resilience, and generational status could be influenced by sample demographics and college environment.