



Vaccination Facts



What is Hepatitis A/B?

- ❖ Protection: Combination vaccine that is prevention for hepatitis A/B
- ❖ Benefits: High percentage of protection from getting the disease which can be easily spread through blood/semen/other bodily fluid (Hep B) or oral fecal route (Hep A)
- ❖ Side effects: Swelling/tenderness where the shot is given, loss of appetite, headache, and fever

What is the flu?

- ❖ Protection: Serious disease that can lead to hospitalization
- ❖ Benefits: Prevention of the flu, reduce severity of illness, reduce risk of hospitalization, protects others around you
- ❖ Side effects: Soreness/redness where the shot was given, headache (low-grade), fever, muscle aches, nausea, fatigue

What is COVID-19?

- ❖ Protection: Decrease chances of getting COVID
- ❖ Benefits: Build an immunity component to covid without getting sick
- ❖ Side effects: Pain/swelling in the place where the shot is given, tiredness, muscle pain, and chills

What is Tdap?

- ❖ Protection: Against tetanus, diphtheria, and pertussis
- ❖ Benefits: These illnesses can be passed from person to person or through open wounds and so high-risk people are easily ill
- ❖ Side effects: Pain/redness where the shot is given, vomiting, diarrhea, stomachache

Why are vaccines important?

- ❖ They are prevention methods.
- ❖ Vaccination help decrease the chances of the person becoming sick.
- ❖ A person can still become ill, but it will not be as severe since they are vaccinated.
- ❖ Antibodies of the disease help build immunity.

Locations with vaccines:

- *Go somewhere you trust and have had good experiences at*
- ❖ Recovery Café offers vaccines on certain dates at their SODO spot – check the Calendar
- ❖ Downtown Public Health Center in Belltown offers vaccinations
- ❖ Grocery stores have pharmacy where they have all these vaccinations

Vaccination Information

I	L	O	W	G	R	A	D	E	I	A	F	L	U
S	I	S	S	U	T	R	E	P	D	I	U	S	I
D	T	E	N	D	E	R	N	E	S	S	P	A	M
I	E	G	E	U	I	T	E	T	A	N	U	S	M
N	I	I	R	F	A	T	I	G	U	E	V	U	U
N	E	D	I	P	H	T	H	E	R	I	A	I	N
N	L	I	P	R	E	V	E	N	T	I	O	N	I
T	A	N	U	F	P	E	N	I	C	C	A	V	T
N	P	N	S	N	A	O	L	N	E	U	F	M	Y
R	S	E	V	E	E	E	T	A	P	T	S	G	N
A	I	D	S	S	E	H	D	U	E	I	O	P	U
R	I	S	E	O	N	N	H	S	G	S	F	D	S
A	N	T	I	B	O	D	I	E	S	A	H	A	H
A	E	E	F	S	E	S	N	A	T	C	R	C	E

DIPHTHERIA
 VACCINE
 NAUSEA
 LOW-GRADE
 TETANUS
 PERTUSSIS
 TENDERNESS
 IMMUNITY
 FLU
 PREVENTION
 ANTIBODIES
 FATIGUE

Antibodies: Protective proteins in the body that takes out objects that are not supposed to be there

Vaccine: A type of medication that trains the body to have protection from certain diseases and is injected into a muscle of the body

Pertussis: Bacterial infection in the lungs that is easily spread

Prevention: Stopping something from happening

Nausea: Feeling the need to throw up

Diphtheria: Bacterial infection in the nose and throat that makes it hard to breathe and swallow

Immunity: The body's ability to resist an infection or toxins

Tenderness: Feeling discomfort when touched in an area that has pain

Flu: Respiratory (lungs) illness that is cause by the influenza virus

Fatigue: Feeling extremely tired and lack of energy

Low-grade: Not severe, minor

Tetanus: Bacterial infection that impacts the nerves in the body